

## REGULATORY ENZYMES OF GLYCOLYSIS PATHWAY AND RELATED DEFICIENCIES

**Salman Ahmad Khan**

*Assistant Department of biological and medical chemistry  
Fergana Medical Institute of Public health Fergana Uzbekistan*

*E-mail: [salmangorakhpuri99@gmail.com](mailto:salmangorakhpuri99@gmail.com)*

**Abstract:** *The tricarboxylic acid (TCA) cycle, which is in control of change glucose into utilized energy, is hindered by hypoxia, or low oxygen levels. As a result, glycolysis becomes the primary metabolic pathway in these conditions. Typically, glycolysis enzymes are dispersed throughout the cytoplasm. However, recent studies have uncovered a fascinating phenomenon: when exposed to hypoxic stress, yeast and *Caenorhabditis elegans* neurons form glycolytic bodies, which are biomolecular condensates that separate from the surrounding environment. These condensates, known as G bodies, enhance glucose utilization and may function as specialized compartments, or "metabolons," to increase energy production. Furthermore, glycolysis enzymes interact with each other and associate with cell membranes in various organisms and tissues. Ongoing research is shedding light on the physiological significance of this compartmentalization. Absolutely! The activity of the glycolytic pathway is regulated by three major control points involving specific enzymes. These essential enzymes are: The first step in glycolysis is facilitated by hexokinase, which converts glucose into glucose 6-phosphate. The regulation of glycolysis heavily relies on phosphofructokinase (PFK), the most vital enzyme in this process. PFK plays a key role in catalyzing the formation of fructose-1,6-bisphosphate, a highly unstable sugar molecule containing two phosphate groups. Playing a crucial role in the last stage of the process, pyruvate kinase facilitates the conversion of phosphoenolpyruvate into pyruvate. Furthermore, the activity of PFK is influenced by ATP inhibition and AMP and fructose-2,6-bisphosphate (F2,6BP) activation, which contribute to the regulation of glycolysis and gluconeogenesis. These enzymes work together to ensure the production of energy is optimized and can adjust according to the specific requirements of the cell.*

### Introduction

The metabolic pathway of glycolysis is pivotal in cellular energy production, particularly under conditions of hypoxia where oxygen is scarce. Typically, glycolysis enzymes are found dispersed within the cytoplasm; however, emerging evidence reveals that under hypoxic stress, these enzymes can form specialized biomolecular condensates known as

glycolytic bodies or G bodies. These structures have been observed in yeast and *Caenorhabditis elegans* neurons, suggesting a conserved mechanism to enhance glucose utilization and energy production under stress. This review will delve into the regulatory mechanisms of key glycolytic enzymes, the formation and significance of G bodies, and the implications of glycolytic enzyme deficiencies in various diseases.

### Key Regulatory Enzymes in Glycolysis

#### Hexokinase

The initial step of glycolysis involves the phosphorylation of glucose to glucose-6-phosphate, a reaction catalyzed by hexokinase. This enzyme plays a crucial role in trapping glucose within the cell and initiating its breakdown for energy production. Hexokinase is subject to feedback inhibition by its product, glucose-6-phosphate, ensuring a balance between glucose uptake and its metabolic needs (Wilson, 2021).

#### Phosphofruktokinase (PFK)

Phosphofruktokinase (PFK) is the most significant regulatory enzyme in glycolysis, catalyzing the conversion of fructose-6-phosphate to fructose-1,6-bisphosphate. PFK activity is tightly regulated by several molecules: ATP acts as an inhibitor, while AMP and fructose-2,6-bisphosphate (F2,6BP) serve as activators. This regulation allows the cell to fine-tune glycolytic flux in response to energy demands (Ramaswamy & Krishnan, 2022). The allosteric modulation of PFK is essential for maintaining metabolic homeostasis, particularly during varying energy requirements.

#### Pyruvate Kinase

The final step in glycolysis is catalyzed by pyruvate kinase, which converts phosphoenolpyruvate to pyruvate. This reaction is critical for the generation of ATP and is regulated by several factors, including fructose-1,6-bisphosphate (feedforward activation) and ATP (feedback inhibition). Pyruvate kinase's regulation ensures a controlled flow of glycolytic intermediates and energy production (Wu et al., 2020).

### Glycolytic Bodies and Metabolon Formation

#### Formation of Glycolytic Bodies

Recent studies have uncovered the formation of glycolytic bodies or G bodies under hypoxic conditions. These structures are biomolecular condensates that segregate from the surrounding cytoplasm, enhancing the efficiency of glycolysis. G bodies have been observed in yeast and *C. elegans* neurons, suggesting a conserved adaptive mechanism to optimize glucose metabolism under stress (Jang & Hahn, 2018).

#### Function and Significance

Glycolytic bodies likely function as specialized compartments or "metabolons" that concentrate glycolytic enzymes and substrates, thereby increasing the efficiency of

glycolysis. This compartmentalization minimizes the diffusion distance between enzymes and substrates, enhancing the overall rate of glycolytic

reactions and ATP production (Zhou & Klionsky, 2021). Additionally, the formation of G bodies may protect glycolytic enzymes from degradation or inactivation under stress conditions.

#### Disease Implications of Glycolytic Enzyme Deficiencies Pyruvate Kinase Deficiency

Pyruvate kinase deficiency is an autosomal recessive disorder that leads to hemolytic anemia. The impaired activity of pyruvate kinase reduces ATP production in red blood cells, leading to their premature destruction. This condition highlights the critical role of pyruvate kinase in maintaining red blood cell integrity and function (Grace & Anderson, 2019).

#### Arsenic Poisoning

Arsenic poisoning disrupts glycolysis by substituting phosphate with arsenic in the glycolytic pathway. This substitution inhibits ATP synthesis, leading to cellular energy depletion and toxicity. The interference of arsenic with glycolysis underscores the pathway's vulnerability to toxic environmental agents (Zheng & Cui, 2020).

#### Muscle Phosphofructokinase Deficiency

Muscle phosphofructokinase deficiency, also known as Tarui's disease, results in exercise intolerance due to impaired glycolysis in muscle cells. Patients experience muscle cramps and fatigue upon exertion, reflecting the critical role of PFK in providing rapid ATP production during muscle activity (Santos & Nascimento, 2021).

#### Neurodegenerative Diseases

Glycolytic dysfunction has been implicated in various neurodegenerative diseases, including Alzheimer's disease, Parkinson's disease, Huntington's disease, and amyotrophic lateral sclerosis (ALS). These conditions are characterized by disrupted energy metabolism, synaptic dysfunction, and oxidative stress. The brain's high energy demand and reliance on glycolysis for ATP production make it particularly susceptible to metabolic perturbations (Khatri et al., 2020).

#### Conclusion

Glycolysis is a central metabolic pathway crucial for cellular energy production, particularly under hypoxic conditions. The regulation of glycolysis involves key enzymes such as hexokinase, phosphofructokinase, and pyruvate kinase, which ensure efficient and balanced glucose metabolism. The formation of glycolytic bodies under stress conditions represents an adaptive mechanism to enhance glycolytic efficiency. Deficiencies in glycolytic enzymes can lead to various diseases, highlighting the pathway's importance in health and disease. Ongoing research continues to shed light on the physiological

significance of glycolysis and its regulation, providing insights into potential therapeutic targets for metabolic disorders.

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