

## THE ROLE OF SOCIAL RELATIONS IN ENSURING FAMILY STABILITY

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In each historical period, the mutual relations of family members were enriched with various content. Regarding the role of the family as an important social institution in the society, our thinkers said many instructive things. People's City", Abu Ali ibn Sina's "Ethics", "The Science of Morals", "Family Economy", Alisher Nawai's "Hayrat-ul "Abror" and "Mahbub-ul Qulub" were expressed in the works<sup>32</sup>. It is necessary to further strengthen the foundations of the family, which is sacred for us, to create an atmosphere of peace, harmony and mutual respect in households, and to fill spiritual and educational work with concrete content<sup>33</sup>.

The strength and development of any society depends on the family. Because the first element of social relations in society is created and formed in the family. The attitude of adults in the family to each other, to others, to the environment, to property, is an example for the formation of the attitude of young people to these issues. The difference and advantage of education in the family is that it is not only teaching, teaching, emphasizing, but it is carried out by the elders setting an example for the younger ones in everything.

Acknowledging the evolution of the family naturally raises a new problem - the problem of determining the direction of change in monogamous relationships, determining their level of stability. The problem of family stability has recently been the focus of attention of scientists from various fields of science. Its relevance is primarily due to the increase in the number of divorces.

Marital stability and marital satisfaction have a lot in common, but at the same time they are not decisive - very stable marriages are not always characterized by high levels of marital satisfaction. According to Yu. Ye. Aleshina, L. Ya. Gozman, Ye. I. Dubovskoy, the spouses' subjective satisfaction with marriage is one of the indicators of the success of

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<sup>32</sup> Абу Наср Форобийнинг «Фозил одамлар шахри», Абу Али ибн Синонинг «Ахлоқ», «Ахлоқ фани», «Оила хужалиги», Алишер Навоийнинг «Хайрат-ул аброр».(Яхши кишиларнинг хайратланиши), «Махбуб-ул Қулуб», 1483 йил.[www.wikipedia.org](http://www.wikipedia.org).

<sup>33</sup> Мирзиёев Ш.М. Танқидий таҳлил, қатъий тартиб-интизом ва шахсий жавобгарлик ҳар бир раҳбар фаолиятининг кундалиқ қоидаси бўлиши керак. – Т.: Ўзбекистон, 2017. 104 б

marriage, it reflects a person's attitude to his marriage and is an indicator of the needs of the family system. A. G. Leaders rightly consider marital satisfaction to be an indicator of the functioning of the family system<sup>34</sup>.

The problem of the stability of family relations is important not only for each person, but also for the whole society. Establishing stable relations between people is the basis of human activity. As a social institution, social relations within the family acquire a more stable character. Readiness for family life includes subjective and objective factors of stability and consists of a person's physical, personal, motivational, emotional-volitional, social-psychological and biological readiness. Subjective factors of family stability imply socio-psychological education of the individual, acceptance of family values, personal meaning of knowledge and skills in the field of psychology of family relations, acquisition of reasonable household skills<sup>35</sup>.

In the scientific literature, the concepts of "stability" and "marriage stability" are used to describe marriage. They are often used as synonyms. However, some distinctions between these concepts are required.

A stable marriage is a marriage that is legally and practically intact. Nothing is known about the quality of the relationship in such a marriage. It is easier to describe the quality of marriage in terms of the concept of "stable marriage", which refers to a prosperous family union with a high level of marital satisfaction on the part of the spouses. Obviously, a stable marriage is always better than a stable marriage. In the context of the increasing crisis situation of the society, its stratification, sociologists emphasize the changes in the relationship of divorce to marriage stabilization.

The main feature of family stability is a consistent combination of intimacy and autonomy, which is realized through the organization of multilevel relationships between a person and a person of the opposite sex. Achieving this state ... is a complex and multi-stage process that occurs even before the formation of a family, i.e. in the pre-family period of communication between future spouses.

Summarizing the opinions of various authors, the success of marriage and family relationships can be as follows:

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<sup>34</sup> Алешина Ю. Е., Гозман Л. Я., Дубовская Е. М. Социально-психологические методы исследования супружеских отношений. М., 2008. С 185

<sup>35</sup> Психология семейных отношений с основами семейного консультирования / Под ред. Е.Г. Силяевой. – М., 2012. С 93

1. Stability - the security of marital relations, except for divorce or the departure of one of the spouses from the family.

2. Marital satisfaction between spouses is not below average.

3. Fulfillment of the family's tasks, including successful upbringing of children (this can be noted by the absence of negative manifestations - neglect, deviant deviations in children).

The evolution of the family into a form of monogamous marriage contributed to the emergence of the pre-new family period in its formation and the diversity of motives for creating a family. The nature of legal regulation of family relations is directly related to the subject of regulation. Because the family cannot be the subject of such regulation on its own and directly. For this reason, the state regulates only the relationships that arise in the family through legal documents and determines the conditions and procedures for the emergence of rights and obligations provided for in the Family Code<sup>36</sup>.

Taking all of this into consideration, in order to ensure the strengthening and development of the positive aspects of the family characteristic of our nation, a special Chapter XIX for the family was allocated in our Constitution. We don't find such a situation - showing the family in a special chapter in the Constitutions of other countries. There, the attitude of the state and society towards the family is different. In our country, the family is considered an integral part of the society and an issue that must exist, and of course it implies the union of two sexes, male and female, and through this union, new people come into the world. Based on this, the provision "The family is the main link of society..." is reflected in Article 63 of the Constitution. Recognition of the family as a link of the society in the Constitution shows that a society without a family will be weak and development will be in danger.

The Family Code of the Republic of Uzbekistan is dedicated to the legal regulation of family life, which consists of the most important and multifaceted issues in life, and it is considered a document of great and serious importance for the life of every person.

In addition, in order to support the family, the President and the government of the Republic of Uzbekistan adopted many documents. In protecting and supporting the family, it is important to use them materially, to take measures to provide them with material assistance. Also, the newly adopted laws and other legal documents on the development and improvement of the family institution meet the requirements of today and tomorrow, and the amendments and additions to the current legal documents strengthen the status of the family

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<sup>36</sup> <https://minikar.ru/uz/tests/klassifikacii-semei-vidy-semei-tri-kriteriya-klassifikacii/>

and help to understand its place in society. providing, strengthening the support of the family by the state and other civil society institutions is one of the main goals.

In fact, the acceleration of globalization processes puts the protection of family values on the agenda. Modern trends in society: economic integration, the development of information and communication technologies and the wide spread of the global Internet network affect the decline of the culture of family relations and the formation of a new attitude of family members towards traditional values.

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