

PRESCRIPTIONS AND DRUGS

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Abstract: *This paper discusses the importance of prescriptions, medicines, and drugs in daily life. It explains the role of doctors and pharmacists in ensuring the safe use of medicines and highlights the differences between beneficial and harmful drugs. The paper also emphasizes the dangers of drug misuse and addiction, outlining safe practices for taking medications. Understanding the significance of prescriptions and proper drug use is crucial for maintaining good health and preventing serious health risks.*

Key Words: *Prescriptions, medicines, drugs, pharmacists, doctors, addiction, drug misuse, safe medication use, illegal drugs, health care.*

In our daily lives, we often hear about medicines, prescriptions, and drugs. But what do these words really mean? A prescription is a piece of paper written by a doctor. It tells the pharmacist what medicine you need. Drugs are substances that can change how our body works. Some drugs are good for our health and help us get better when we are sick. However, some drugs are harmful and can make us very sick if we use them in the wrong way.

When we feel sick, we visit a doctor. The doctor examines us and finds out what is wrong. After that, they give us a prescription. This paper has the name of the medicine and instructions on how to take it. For example, it may say, "Take one tablet after breakfast and one after dinner." The doctor knows how much medicine we need and how often we should take it.

Prescriptions are important because they help us use medicine safely. If we take too much medicine, it can be dangerous. If we take too little, it may not work. Doctors study for many years to learn how to give the right amount of medicine. This is why only doctors should write prescriptions.

There are two main types of drugs: good drugs and bad drugs. Good drugs are also called medicines. They help us feel better when we are sick. For example, if we have a headache, we can take painkillers. If we have an infection, antibiotics can help us fight the bacteria.

However, not all drugs are good. Some drugs are harmful and illegal. These are called illegal drugs. People who take illegal drugs can become very sick. Illegal drugs can damage the brain, heart, and other parts of the body. They can also make people addicted. Addiction means that a person cannot stop taking the drug even if it is hurting them.

Using medicine in the right way is very important. First, always follow the doctor's instructions. Do not take more medicine than the doctor says. Taking too much can cause serious side effects. Also, do not stop taking the medicine before the doctor tells you to. Even if you feel better, the illness might not be gone.

Second, never share your medicine with others. A medicine that works for you might not be safe for someone else. People have different bodies and health conditions, so they need different medicines.

Third, always check the expiration date on the medicine. Expired medicine may not work or can be harmful. Store medicines in a cool, dry place away from children.

Pharmacists are people who give us the medicine from the pharmacy. They read the doctor's prescription and prepare the medicine for us. Pharmacists also explain how to use the

medicine safely. They can answer questions about side effects or what to do if we miss a dose.

Pharmacists play an important role in our health care. They make sure we get the right medicine in the right amount. They also check if the medicine is safe to use with other drugs we are taking.

Sometimes, people misuse drugs. This means they take medicine without a prescription or take more than the doctor says. Misusing drugs can be very dangerous. It can cause health problems like dizziness, nausea, or even death.

Some people take drugs to feel happy or forget their problems. But this is very harmful. It can lead to addiction and other serious health issues. It is important to talk to someone you trust, like a parent, teacher, or counselor, if you are feeling sad or stressed.

Prescriptions and drugs are a part of our lives. When used correctly, medicines can help us feel better and stay healthy. Doctors and pharmacists work together to give us the right medicines safely. However, using drugs in the wrong way can be very dangerous. We must always follow the doctor's instructions and never misuse drugs.

By understanding the importance of prescriptions and using drugs safely, we can take good care of our health and live a happy, healthy life.

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