

## TRANSFORMING ENGLISH LANGUAGE TEACHING THROUGH MODERN METHODS

**Sharifova Baxora**

*Second year student, Faculty of English language, Sam SIFL*

*Scientific supervisor: Zubaydova Nilufar*

**Annotation:** *This paper discusses modern methods of teaching English in Uzbekistan and explains learner-centered education and the importance of interactive approaches. The lesson is divided into 3 stage they are pre-stage, while-stage, and post-stage. Methods such as the lexical approach, TPR, TBLT, and CLT are described. The study highlights using real-life communication, group working, and technology. It concludes that combining different methods improves students' fluency, motivation, and effective use of English in real situations.*

**Keywords:** *English, pre stage, while stage, post stage, TPR, The lexical approach, social media, modern education.*

**Аннотация:** *В данной статье рассматриваются современные методы преподавания английского языка в Узбекистане и разъясняется личностно-ориентированное обучение и важность интерактивных подходов. Урок разделен на 3 этапа: предварительный, промежуточный и последующий. Описаны такие методы, как лексический подход, TPR, TBLT и CLT. В исследовании особое внимание уделяется использованию реального общения, групповой работы и технологий. В нем делается вывод о том, что сочетание различных методов улучшает беглость, мотивацию и эффективное использование английского языка студентами в реальных ситуациях.*

**Ключевые слова:** *английский язык, pre stage, while stage, post stage, TPR, лексический подход, социальные сети, современное образование.*

**Annotatsiya:** *Ushbu maqolada O‘zbekistonda ingliz tilini o‘qitishning zamonaviy usullari ko‘rib chiqiladi va shaxsga yo‘naltirilgan ta‘lim hamda interaktiv yondashuvlarning ahamiyati tushuntiriladi. Dars 3 bosqichga bo‘lingan: dastlabki, oraliq va yakuniy. Leksik yondashuv, TPR, TBLT va CLT kabi usullar tasvirlangan. Tadqiqotda real muloqot, guruh ishi va texnologiyalardan foydalanishga alohida e‘tibor qaratilgan. Unda turli usullarning uyg‘unligi talabalarning real vaziyatlarda ingliz tilidan ravon foydalanishini, motivatsiyasini va samaradorligini oshirishi haqida xulosa qilinadi.*

**Kalit so‘zlar:** *ingliz tili, pre stage, while stage, post stage, TPR, leksik yondashuv, ijtimoiy tarmoqlar, zamonaviy ta‘lim.*

**Introduction:** In Republic Uzbekistan teaching and learning English are becoming one of the most important subjects in every school. That is why each student who wants to be teacher after graduating university should know how to teach pupils. Their significant question is which methods are useful for my learning of students? Day by day various methods are created and among of them we need methods which can help pupils learn English effectively and fast.

Nowadays teachers should not stop themselves teaching students from only textbooks. They should have their own methodologies that teachers found benefit for pupils. At school learner centre is the best way to teach students new theme. Not only teachers speak but also pupils also take a part to lesson actively. Both sides of class should be active with interactive methods, innovative technologies, speech, and social media.

The universal ways of explaining theme can be videos, teacher’s speech and games with students make lesson quality. If we know which methods would be better for understanding of students? We start planning our lesson. In pre stage of our lesson teacher should give new words about new theme about new theme and information. We know people cannot inform their opinion clearly when they do not know translation of words that they want to say. That is why at this stage we can show photos or videos of vocabulary. In Addition we can use “The lexical approach”. It focuses on vocabulary as the key to language learning rather than grammar. This type of method is concentrated to phrases and special words. Many teachers already use this approach, often without realizing it. It helps create effective vocabulary activities for learners at all levels, from beginners to advanced students.

In while stage of lesson teachers should know how they explain the new theme. It can be with videos, speech, PPT files about topic, audio speech or various games with physical movements. We will choose some of them not for our comfort, they are chosen for pupils learning ability. There is Total Physical Response (TPR) which a language teaching method that is especially effective for beginners and young learners. This based on how children learn their first language by physically responding to commands before they can begin to speak. In a TPR classroom, the teacher gives commands and demonstrates actions and students show actions as answers. This helps improve memory and creates a strong connection between words and their meanings.

The second beneficial method of while stage of lesson is Task-Based Language Teaching (TBLT) is a language teaching methodology that focuses on learning a language by completing tasks based on real-life situations. In this approach, grammar and vocabulary are not taught separately; instead, learners use the language in practice through activities such as planning a trip, solving problems, describing situation or giving directions. It is based on Communicative Language Teaching (CLT) and shares its core principles of dialogue, real-

life situations, and practical language use. As a result, this approach creates an engaging, rewarding, and real-life learning environment for students.

The last part of lesson is post stage what can we do closing part of our lesson? Teachers should use group games such as correct the mistakes, debates, problem solving, role-playing, speaking practice. They help learner to communicate, improve editorial skills, working with group and others. It is also named Communicative Language Teaching (CLT). It is one of the most popular methods of teaching English. It focuses on learners' ability to communicate in real-life situations. In this approach, students learn to express their ideas orally, and fluency is considered more important than perfect grammar. Lessons include practical activities such as real projects, discussions, and brainstorming. Students often work in pairs or groups, so they can help each other and practice speaking more. They can also do small projects, like talking about their favorite hobby or making a simple presentation. In some classes, students even learn other subjects in English, like science or history.

#### References:

1. Nigora Mahmudova Djumputatova. (2025) New Methods of Teaching English; Today and Tomorrow.  
<https://www.academicpublishers.org/journals/index.php/ijai/article/view/2998/4053>
2. The teacher think-Aloud podcast website (2025) Top Methods for English Language Teacher <https://www.teacherthinkaloud.com/post/top-7-teaching-methods-for-english-language-teachers>