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## THE IMPORTANCE OF INTERNATIONAL TERMINOLOGY IN THE FIELD OF SPORTS

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**Abstract:** *This article discusses the essence of international sports terminology, its significance within the sports system, as well as the theoretical and practical foundations of the standardization process. The study analyzes the close relationship between the formation of a unified terminological system in sports and the activities of international sports organizations. Furthermore, the article scientifically substantiates the role of terms approved by international sports organizations such as the International Olympic Committee (IOC), FIFA, UEFA, and others in sports practice. The paper also highlights how the standardization of terminology ensures accuracy, fairness, and mutual understanding in international sports competitions.*

**Keywords:** *sports terminology, international terms, standardization, sports communication, IOC, FIFA, sports language, terminological system, professional discourse.*

**Introduction.** In the era of globalization, sport has become one of the most important socio-cultural phenomena that unites humanity. International sports competitions, the Olympic Games, world championships, and continental tournaments bring together representatives of different nations and cultures. In such processes, the existence of a unified sports terminology system ensures effective communication between athletes, coaches, referees, organizers, and journalists.

It is well known that “educational institutions and other organizations develop and implement specific programs that contribute to improving public health through physical education means, and they also improve the scientific support for preparing sports reserves and the national teams of the Republic of Uzbekistan for international sports events. The authorized state body, other state bodies, and organizations assist educational institutions and organizations in conducting scientific research in the field of physical education and sports, as well as in forming state orders and other orders for relevant scientific research, analyze the results of scientific research, and provide methodological support for their activities.<sup>123</sup>”

Sports terminology is defined as a system of specialized terms and concepts used in the field of physical education and sports. These terms serve to express the technical, tactical, pedagogical, medical, and organizational aspects of sport. International sports terminology, in turn, refers to a set of terms used with a unified meaning worldwide and approved by international sports organizations. In modern sports systems, the standardization of terminology is one of the most pressing issues. The different interpretation or incorrect translation of terms may lead to controversial situations during competitions. Therefore, international sports organizations pay special attention to forming a unified terminological system in sports.

International sports terminology is a set of specialized terms used within a particular sport or sports system and represents an essential component of sports communication. These terms describe technical actions in sport, game rules, refereeing activities, sports equipment, and methodological concepts.

Sports terms are mostly derived from English, French, and Latin languages. In particular, English is considered one of the main sources of modern international sports terminology. Terms such as “offside,” “fair play,” “penalty,” “time-out,” “set,” “match,” “coach,” and “dribbling” are used with the same meaning in almost all countries of the world.

The main characteristics of terminology are as follows: precision, brevity, unambiguity, systematicity, scientific validity, and international compatibility. These features enhance the effectiveness of sports communication. In particular, the precision and unambiguity of terms are of great importance in refereeing activities, because a wrongly interpreted term may negatively affect the outcome of a competition.

In addition, sports terminology plays a significant role in scientific and methodological activities. Scientific articles related to sports, methodological manuals, educational programs, and normative documents are all created on the basis of terminological unity. International sports organizations play an invaluable role in the formation and development of international sports terminology. In particular, International Olympic Committee, FIFA, UEFA, FIBA, and World Athletics carry out important activities in the standardization of sports terms.

The International Olympic Committee develops a unified system of terminology used within the framework of the Olympic Movement. Only approved terms are used in Olympic charters, regulations, and official documents. This helps representatives of different countries understand the same concept with the same meaning.

FIFA is considered one of the largest organizations responsible for the standardization of football terminology. Terms related to football rules, refereeing activities, and technical concepts are officially approved by FIFA. For example, terms such as “Penalty kick,”

“Offside,” “Free kick,” “Yellow card,” and “Red card” are used with the same meaning throughout the global football system.

In addition, international sports federations develop terminological dictionaries and methodological manuals related to their respective sports. This contributes to improving the terminological literacy of sports specialists.

The standardization of sports terminology is the process of establishing the unified spelling, pronunciation, and meaning of terms. This process is aimed at ensuring accuracy, consistency, and mutual understanding within the field of sports.

Standardization is carried out in the following stages:

1. Selection of terms;
2. Determination of the scientific meaning of terms;
3. Establishment of a unified spelling form;
4. Development of pronunciation standards;
5. Official approval;
6. Implementation into practice.

In this process, linguists, sports specialists, translators, and international organizations work collaboratively. In particular, semantic accuracy is of great importance when adapting sports terms into different languages.

Standardization helps prevent controversial situations in sports. For example, ensuring that a term used by a referee carries the same meaning for all participants guarantees the fairness of the competition process.

Moreover, standardized terminology creates great convenience in sports journalism, sports marketing, and scientific research. A unified terminological system reduces misunderstandings in the exchange of information. Each country has its own national sports terminology. However, the need to use international terms arises during international competitions. Therefore, adapting national terminology to international standards is considered an important issue. In Uzbek sports terminology, many international terms are also used. Some terms have been fully adopted, while others are translated or nationalized. For example: International terms: *coach, referee, championship, match, team*. Uzbek equivalents: *murabbiy, hakam, chempionat, uchrashuv, jamoa*.

The harmony between national and international terminology contributes to improving the quality of sports education. In particular, preparing students on the basis of international terminology in sports universities and higher educational institutions is one of today’s important requirements. Furthermore, thorough knowledge of international terminology broadens sports specialists’ opportunities to work with foreign scientific sources. This, in turn, has a positive impact on the development of scientific research in the field of sports.

Sports terminology is considered an important pedagogical tool in the educational process. Through terminology, educational materials are delivered in a systematic and understandable manner. In particular, the correct use of terms during physical education classes helps students acquire knowledge more quickly. The terminological literacy of coaches and teachers determines the effectiveness of the pedagogical process. Terms serve as an important tool in explaining exercises, demonstrating technical movements, and clarifying competition rules.

Sports terminology also helps to develop students' professional speech culture. The correct use of terms demonstrates the professional competence of a sports specialist. Today, special attention should be paid to teaching sports terminology in the higher education system, because a modern sports specialist must possess not only practical skills but also a high level of terminological literacy. International sports terminology is an important system that ensures mutual understanding, accuracy, and efficiency in the field of sports. Through the standardization of sports terms, controversial situations in international competitions can be prevented, refereeing activities can be improved, and sports communication can be developed.

Terminological standards developed by organizations such as the International Olympic Committee, FIFA, and other international sports organizations have become an important component of the modern sports system. Furthermore, the scientific study of sports terminology and its effective integration into the educational system improve the quality of training for specialists in physical education and sports. Therefore, the standardization and practical implementation of sports terminology are considered among the key factors in the development of modern sports.

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