

## JISMONIY MADANIYAT TA'LIM YO'NALISHI TALABALARI KASBIY PEDAGOGIK MADANIYATINI TARBIIYALASH MEXANIZMLARINI TAKOMILLASHTIRISHNING PEDAGOGIK-PSIXOLOGIK JIHLTLARI

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**Annotatsiya,** *Mazkur maqolada jismoniy madaniyat ta'lim yo'nalishi talabalari kasbiy pedagogik madaniyatini tarbiyalashning pedagogik va psixologik jihatlari tahlil qilinadi. Tadqiqotda ta'lim jarayonida pedagogik madaniyatni shakllantirish usullari, uni takomillashtirishning mexanizmlari va samaradorlik omillari ko'rib chiqiladi. Ilmiy-tadqiqot natijalari grafik, jadval va diagrammalar orqali ifodalanadi. Pedagogik madaniyat - bu o'qituvchining kasbiy tayyorgarligi, shaxsiy fazilatlar va ta'lim jarayonidagi samaradorlikni belgilovchi muhim omillardir.*

**Kalit so'zlar:** *jismoniy madaniyat, pedagogik madaniyat, psixologik jihatlari, kasbiy tarbiya, ta'lim jarayoni, samaradorlik, innovatsion metodlar.*

**Annotation.** *This article analyzes the pedagogical and psychological aspects of cultivating the professional pedagogical culture of students in the field of physical education. The study examines methods for shaping pedagogical culture in the educational process, mechanisms for its improvement, and factors influencing its effectiveness. The research findings are presented through graphs, tables, and diagrams. Pedagogical culture is a crucial factor that determines a teacher's professional competence, personal qualities, and effectiveness in the educational process.*

**Keywords:** *physical education, pedagogical culture, psychological aspects, professional training, educational process, effectiveness, innovative methods.*

**Kirish** Jismoniy madaniyat sohasida ta'lim olayotgan talabalar pedagogik faoliyat jarayonida o'z kasbiy madaniyatiga ega bo'lishlari muhim ahamiyatga ega. Pedagogik madaniyat - bu o'qituvchi yoki trenerning ta'lim jarayonida samarali ishlashini ta'minlaydigan muhim kompetensiyalar majmuidir. Jismoniy tarbiya o'qituvchilarining pedagogik madaniyat darajasi ularning dars jarayonida samaradorligini belgilaydi. Shuningdek, pedagogik madaniyat faqat nazariy bilimlar bilan emas, balki amaliy ko'nikmalar bilan ham mustahkamlanishi kerak. Ushbu maqolada jismoniy madaniyat yo'nalishida kasbiy pedagogik madaniyatni rivojlantirishning nazariy va amaliy jihatlari yoritiladi.

**Materiallar va usullar** Tadqiqot davomida quyidagi usullardan foydalanildi:

- **Kuzatish va eksperiment usuli** – talabalar orasida pedagogik madaniyat darajasini aniqlash.
- **Anketalar orqali ma'lumot to'plash** – talabalar va o'qituvchilardan so'rovnomalar olish orqali pedagogik madaniyat darajasini baholash.

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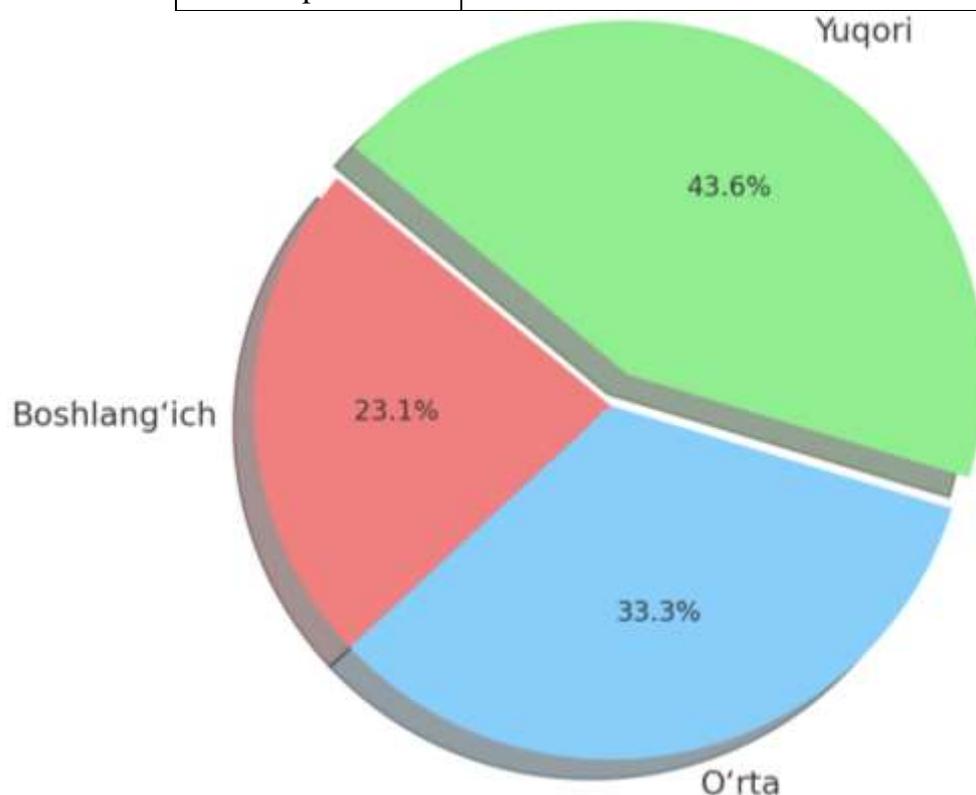
- **Statistik tahlil** – olingan ma'lumotlarni grafik va jadval ko'rinishida aks ettirish.

- **Taqqoslash va tahlil qilish usullari** – mavjud nazariy manbalar asosida amaliyot bilan bog'liqlikni o'rganish.

**Natijalar** Quyidagi jadval jismoniy madaniyat yo'nalishi talabalari orasida pedagogik madaniyat darajasini baholash natijalarini ko'rsatadi:

1-jadval

Talabalar guruhi	Pedagogik madaniyat darajasi (%)
Boshlang'ich	45
O'rta	65
Yuqori	85



1-rasm. Talabalar pedagogik madaniyat darajasi

**Munozara** Tadqiqot natijalariga ko'ra, pedagogik madaniyatni shakllantirishga ta'sir qiluvchi asosiy omillar quyidagilar ekanligi aniqlandi:

- **Ta'lim jarayonida innovatsion texnologiyalardan foydalanish** – masofaviy ta'lim platformalari, interaktiv metodlar orqali ta'lim samaradorligini oshirish.

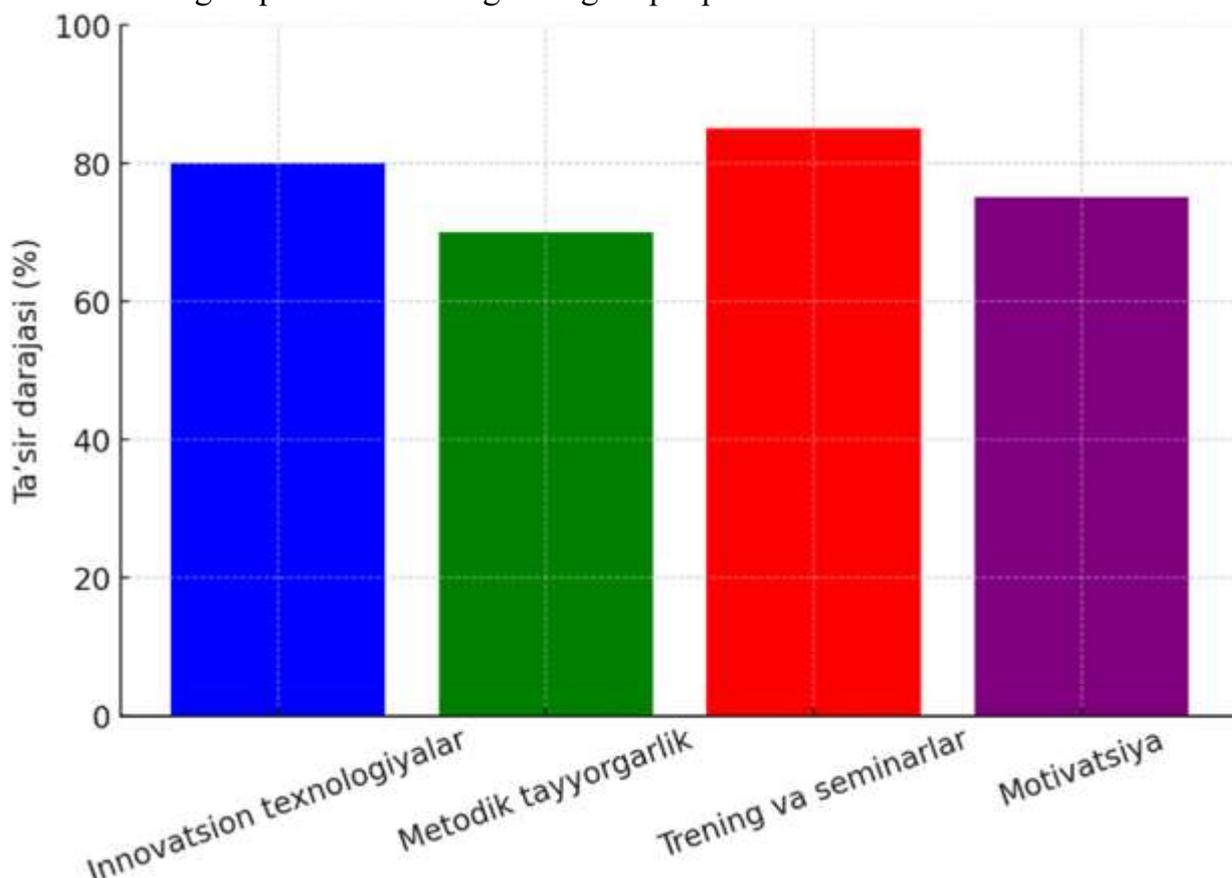
- **O'qituvchilarning metodik tayyorgarligi** – o'qituvchilarning o'z ustida ishlashi, doimiy ravishda yangi metodlarni o'zlashtirishi.

- **Talabalar uchun maxsus trening va seminarlar tashkil etish** – amaliy mashg'ulotlar orqali pedagogik ko'nikmalarni rivojlantirish.

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- Motivatsiyani oshirish orqali pedagogik faoliyatga jalb qilish – talabalarning o'qituvchilik kasbiga bo'lgan qiziqishini orttirish.



2-rasm. Pedagogik madaniyatni shakllantirishga ta'sir qiluvchi omillar

**Xulosa** Tadqiqot natijalari shuni ko'rsatadiki, jismoniy madaniyat yo'nalishi talabalari uchun pedagogik madaniyatni shakllantirishga qaratilgan maxsus dasturlar ishlab chiqish va ularni ta'lim jarayonida qo'llash zarur. Pedagogik madaniyatni rivojlantirish uchun o'qitish usullari va zamonaviy texnologiyalarni joriy etish talab etiladi. Olingan natijalar asosida kelgusida innovatsion metodlarni joriy etish va talabalarning kasbiy madaniyatini yanada rivojlantirishga qaratilgan tavsiyalar beriladi.

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