



"THE PSYCHOLOGICAL STRUGGLES OF INDIVIDUALS IN FYODOR  
DOSTOYEVSKY'S WORKS AND THEIR INFLUENCE ON MODERN SOCIETY"

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**Abstract:** *Fyodor Dostoyevsky is one of the leading figures in world literature, known for his depiction of the human psyche and inner experiences. His works delve deeply into the complex internal world and psychological conflicts of individuals. This article is dedicated to analyzing the psychological experiences of Dostoyevsky's characters and their impact on modern society. The primary focus is on the psychological struggles depicted in Crime and Punishment, The Brothers Karamazov, and The Idiot. The results suggest that the moral and psychological issues raised in Dostoyevsky's works remain relevant in today's world.*

**Key words:** *Dostoyevsky, human psychology, inner conflict, moral issues, literary analysis, modern society.*

### **Introduction**

Fyodor Dostoyevsky's works are renowned for uncovering the most subtle and mysterious aspects of the human psyche. His characters are not ordinary, but instead face profound internal conflicts, psychological torment, and moral trials. In his works, Dostoyevsky explores the nature of humanity, reflecting not only the social issues of 19th-century Russia but also the timeless struggles of the human condition. This article examines the psychological experiences of Dostoyevsky's characters and their relevance to modern society.

### **Literature Review**

Literary critics and psychologists have extensively studied Dostoyevsky's works. Mikhail Bakhtin (1984), in his Problems of Dostoyevsky's Poetics, analyzes the polyphonic structure of Dostoyevsky's novels and the independent voices of his characters. Dmitry Likhachev (2006), in History of Russian Literature, explores the moral dilemmas and duality of human nature in Dostoyevsky's works. Modern scholars, such as Jennifer L. Jenkins (2019), emphasize the psychological depth of Dostoyevsky's characters and how they illustrate the complexities of the human condition. These studies underscore the universality and continued relevance of Dostoyevsky's works.

### **Results**

Dostoyevsky's characters frequently undergo intense psychological struggles, questioning their own morality and confronting existential dilemmas. Raskolnikov's inner turmoil in





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Crime and Punishment, Ivan Karamazov's doubts about God and moral values in The Brothers Karamazov, and the emotional conflicts of Prince Myshkin in The Idiot all reflect the deep psychological and ethical conflicts within each individual. The analysis shows that the moral and psychological problems raised in these novels remain crucial in today's world, with similar dilemmas faced by modern individuals.



### Discussion

Dostoyevsky's works hold significant value for modern psychology and literature. His characters are embodiments of profound internal conflicts that resonate with contemporary psychological struggles. For example, Raskolnikov's moral dilemma in Crime and Punishment aligns with theories developed by Freud and Jung about guilt, repression, and the psyche. Dostoyevsky's ability to capture these psychological struggles provides invaluable insights into human behavior, making his works essential for understanding both historical and modern psychological phenomena.

**Conclusion.** Dostoyevsky's writings remain an invaluable literary legacy for their exploration of the human psyche. Through his characters, he portrays the deepest psychological conflicts and moral dilemmas that are as relevant today as they were in his time. This article demonstrates the enduring significance of Dostoyevsky's works in understanding human psychology and their continued influence on modern society.

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