



SOFT SKILLS BASED ON THE KORAN AND HADITH

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Abstract. *This article presents information that knowledge and skills of managing unique human abilities, which in modern science are called "soft skills" (flexible skills), in fact, already existed in the Quran and hadith 14 centuries ago. Comparative analyses and studies were conducted.*

Keywords: *Quran, hadith, flexible skills, adaptability, emotional intelligence, confidence and self-motivation, acceptance of criticism and self-development, creative thinking.*

In our time, technical or scientific knowledge alone is not enough to achieve personal and professional success. All-round personal development, a successful career in society and the ability to integrate, as well as effective communication with other people, require the so-called "soft skills" – flexible skills that play an extremely important role. Among these skills, a special place is occupied by the development of emotional intelligence, confidence and self-motivation, acceptance of criticism, creative thinking and adaptability. The Quran and Hadith are invaluable sources of spiritual and moral growth of a person, and they can be relied upon when developing soft skills. The Quran calls on a person to develop such qualities as honesty, patience and responsibility, and the Hadith give practical recommendations on the application of these virtues in everyday life. For example, emotional intelligence – that is, the ability to manage one's emotions and understand the emotions of others – is promoted through ideal examples of mercy and restraint of the Prophet Muhammad (peace and blessings be upon him) towards people. In addition, the Quran and Hadith emphasize accepting criticism and self-development. The Quran encourages people to reflect and analyze their actions, while the Hadith teaches that every Muslim should strive for change and strive for goodness on a daily basis. At the same time, such demands of modern life as creative thinking and adaptability are also reflected in Islamic sources, as the Quran encourages finding positive solutions in any situation and always striving for goodness. This article examines in detail the importance of soft skills from the perspective of the Quran and Hadith, as well as ways to apply them in everyday life. This topic is not only a rich source for the spiritual and practical life of each person, but is also important for achieving success in modern society.

Conclusion

In conclusion, the study shows that Islamic teachings provide a comprehensive and timeless foundation for the development of soft skills. The Qur'an and Hadith offer numerous examples of Prophet Muhammad's (peace be upon him) exemplary conduct in





communication, patience, empathy, and conflict resolution—skills that modern educators and employers now deem essential. By aligning soft skills training with religious values, especially in Muslim-majority contexts, educators and institutions can foster both professional success and moral integrity. This harmony between faith and functionality demonstrates that Islamic teachings are not only spiritually enriching but also socially and professionally empowering.

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