

## HOW TO IMPROVE STUDENTS' READING COMPREHENSION IN ENGLISH?

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**Abstract:** *This article examines ways to improve students' English comprehension and communication skills. The article also highlights important points about effective English learning.*

**Keywords:** *English, reading, comprehension, teaching methods, intensive learning, development, practical exercises.*

**Introduction:** As a specific link in the process of reforms implemented in the field of education, teaching foreign languages to the country's youth has become one of the urgent tasks on the agenda.

By the end of the twentieth century, the status of English as a language of global importance was finally consolidated. Today, the ability to know foreign languages is becoming an integral part of professional education. Since specialists in various fields have a high rate of cooperation with foreign partners, the demand for language learning is high for them. In modern society, foreign languages are becoming an important component of professional education. People learn such knowledge first at school, college, lyceum, and later at institutes, training courses, or independently, getting acquainted with the basic sets of information that help them learn a foreign language.

Also teaching and widespread study of English means owning this language as a means of communication, which is a leading tool in world science, economy, and culture. In this regard, the use of modern teaching methods in teaching this language is relevant. Therefore, the Resolution of the President of the Republic of Uzbekistan dated May 19, 2021 “On measures to bring the popularization of foreign language learning in the Republic of Uzbekistan to a qualitatively new level” means that work in this area has reached a new level in our country and our society is consistently moving towards the integration of the world community. In general, the use of modern education and language teaching methods means a significant development of modern English teaching methods. Indeed, intensive English language teaching based on modern methods can strengthen positive relationships between students and teachers and can also demonstrate the properties of stimulating English language learning. The use of modern

technologies in intensive English language teaching involves the innovative use of methods, tools, materials, devices, systems and strategies that are directly related to English language teaching and lead to the achievement of the desired goals.

So, a description of various methods of teaching English is the most relevant in the modern and rapidly changing world, and is considered an intensive method of language learning. Today, the consumer can choose training for every taste - for example, English for lawyers, English for economists, business English, etc. Students actively participate in the learning process and learn to perceive foreign speech. Speaking and listening occupy a significant part of the learning time. This method involves artificially recreating the language environment.

There are also many tips to improve your English comprehension and fluency in the language. Let's look at a few of them now.

The first is to watch movies in English, watching TV shows on Netflix may not really improve your conversational skills or formal registration, but it will help you understand the language better, get used to the spoken, colloquial forms of English, and get a feel for the language indirectly. Alternatively, you can try to choose words that sound very informal and find more scientific analogues. Of course, there are tons of documentaries that can be found on the Internet (try something by David Attenborough to get you started). Understanding the language during the film will help you start thinking in English.

The second is to immerse yourself in the news in English, try to read more news, try different English newspapers, including broadsheets, as well as magazines and tabloids. These news sources not only help you stay up to date with current events, but they also help you expand your vocabulary. Another advantage is that it makes it easier for you to understand how words are spelled and in what context they are used.

Third, have a vocabulary of useful words, that is, memorize more of the necessary words. Start making a list of useful words and phrases on your laptop or computer. Every time you hear or see an unfamiliar word, write it down. Don't just focus on the word itself, but look for synonyms and phrases in which it is used. After all, you can figure out what words like “priority” or “tantalizing” mean, but do you know how to use them correctly?

Fourth, try to speak English. As helpful as the listening and reading tasks are, you need to use English interactively and practice your speaking skills. If you're lucky, you'll make friends with a few native speakers who can help you, but if not, try meeting someone who's learning English. Another option is to talk to yourself in a mirror or record yourself. Listening to your own voice may be a

little awkward at first, but you might hear mistakes you never knew you had. Fifth, practice more, try to work on yourself more. Let's face it, academic phrases don't just fall into your head from the sky. Even if you already know English well, don't relax and ignore stressors like not having time for an exam. No matter how much time is left before your big day, you still need to practice. Try to come up with a word of the day and then try to use it as often as possible. If you do, don't waste time on very specific words that you never use. Instead, focus on spoken English that may be relevant to the exam.

Sixth, participate in more question and answer sessions. To improve your English quickly, you need to ask and answer a lot of questions. Don't just read the phrases. Ask why they are used in a certain way, if other constructions are possible, and don't believe everything you read on the Internet. Of course, there is a temptation to settle for the first answer that appears on Google, but if you are a little curious, you will get more rewards.

Seventh, don't forget to have fun while learning, because it is better to achieve results through enjoyable exercises. If learning English seems difficult to you, it will seem boring and you will not achieve good results. That is why it is very important to stay motivated and enjoy learning a new language. Find ways to make your learning fun, such as playing word games with your friends that will improve your critical thinking skills.

**Conclusion:** It is important to note that learning a new language is a long-term project, and you cannot start from scratch and write an academic paper in a week. However, with the right foundation, if you apply yourself diligently, you can achieve great results quickly. Rather than trying to master everything at once, try to focus and improve on specific areas.

Also, with the above recommendations, you will be able to improve your English level faster and develop your skills in English communication, comprehension, reading, etc.

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## **HIV/AIDS**

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**Abstract:** *HIV/AIDS remains one of the most significant global health challenges, affecting millions worldwide. Advances in medical research have transformed HIV from a fatal disease into a manageable chronic condition. This article explores the virology of HIV, the progression to AIDS, current treatment strategies, and the latest developments in prevention and vaccine research. Emerging therapeutic approaches and public health strategies are also discussed. HIV is a major global health concern that weakens the immune system and increases vulnerability to infections and diseases. Despite advances in antiretroviral therapy (ART), challenges such as stigma, treatment access, and co-infections persist. This article explores HIV transmission, the impact on the immune system, current treatment strategies, preventive measures like PrEP and PEP, and ongoing research into vaccines and potential cures. The fight against*