



THE ROLE OF SOCIAL MEDIA IN OUR LIFE

**Abdusattarova Dilafruz**

*Student of TMC Institute 2<sup>nd</sup> year student*

*Supervisor: Kamola Jumayeva*

*PhD, Associate Professor at TMC Institute*

**Annotation:** *In this article below the role of social media in our life was explored. Furthermore, how it affects us, what positive and negative sides it has, which platforms are very popular today, and how social media makes our life easier.*

**Keywords:** *Social media, online platforms, communication, modern life, opportunities, education.*

Is social media important in our life? What is social media? “Social media – social media, a form of mass media communications on the Internet through which users share information, ideas, personal messages and other content”<sup>84</sup>. Social media has become a part of our life. We can see that people of different ages use it but we especially notice that social media is used by young generation for different reasons some of them use it for entertainment while others use it to get important information or for just to communicate with close people.

Today the most famous social media platforms are Telegram, Facebook, Instagram, You Tube and many others social media was not created by one person or in one application all platforms were created by different individuals. For instance, telegram which everyone knows was created by Pavel Durov in 2013.

Social media has many useful sides. For example, we can stay in touch with our relatives who live in other countries. Today, the internet works very well and fast for this, so it is easy to connect with them. It doesn't matter where they are or where we are. We can talk to them anytime and anywhere.

Another advantage is that we can get different kinds of information and broaden our knowledge. We can learn many useful things from social media. For example, we can use it at work and at school. When students prepare presentations or project work, they can quickly find useful information and present it to the audience.

However, there are also disadvantages. Not all information is correct, there is also false information and fake news. That is why people should be careful when they search for information. They should use reliable and trustworthy websites.

Social media is also very good for students who study abroad or online. They can easily find online courses or video lessons. They can even find teachers from other countries and study remotely. This is very convenient for students because they can study anytime and anywhere and learn more information.

---

<sup>84</sup> <https://www.britannica.com/topic/social-media> 26.03.2026 (The source was accessed at this time)





## TANQIDIY NAZAR, TAHLILY TAFAKKUR VA INNOVATSION G'UYALAR



Do know about Covid 19? “Covid 19 (coronavirus disease 2019) is a respiratory infection first identified in Wuhan, China, in December 2019. It is caused by a novel type of coronavirus named SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2). Viruses and the diseases they cause often have different names”<sup>85</sup>. When students were not allowed to go to school or university, they studied at home online. It was comfortable for them because it protected them from viruses. They could stay at home and study using a computer or a phone. Many school students studied through Telegram, because teachers sent video lessons there, and students sent photos of their homework. Teachers could easily check their work.

However, there are also disadvantages of this. When students study online and send photos to teachers, some of them may cheat or copy answers. They can find answers to all questions on the internet from different websites and simply rewrite them. But in this case, they do not really learn or understand the information well.

Parents should be aware and attentive when their children use social media, because it can be dangerous for young people who are still developing. It can have a negative impact on their minds. Some children even become ill because they get addicted to social media, the internet, and online games. This addiction can lead to serious mental health problems.

At the same time, we can see that online shops and online jobs are developing much more than before. Social media works very quickly, and this makes it useful for everyone.

It is especially beneficial for women who are on maternity leave and do not work offline. They can start their own online businesses or work through social media and earn money from home. This gives them a good opportunity to be independent.

Students can also benefit from this. They usually study during the day and do their homework in the evening, so working offline can be difficult for them. However, they can work remotely without going anywhere. They can easily earn money through the internet using a phone or a computer.

In addition, it is useful for men who already have offline jobs. After work, they can continue working online and earn extra income. In this way, they can have a double income, which is very helpful.

In conclusion, social media plays an important role in our life. It has both positive and negative sides. It gives us many conveniences, but we should keep a balance so that it does not strongly affect our health. We should also be a good example for future generations and teach our children how to balance everything, because many young people are especially interested in social media.

---

<sup>85</sup> <https://www.britannica.com/science/COVID-19> (The source was accessed 23.04.2026 at this time).





## TANQIDIY NAZAR, TAHLILY TAFAKKUR VA INNOVATSION G'UYALAR



### Reference

1. <https://www.britannica.com/topic/social-media>
2. <https://www.britannica.com/science/COVID-19>

