GROUP WORK, DISCUSSIONS, AND ROLE-PLAYING FOR DEVELOPING SOCIAL SKILLS

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Abstract: This article explores the development of students' social skills through group work, discussions, and role-playing activities. Based on pedagogical research and practical experience, it emphasizes that social skills—such as communication, collaboration, problem-solving, and empathy—play a vital role in youth socialization and personal development. Group activities teach students to exchange ideas and participate in decision-making, fostering social responsibility and mutual respect. Discussion-based learning encourages critical thinking and openness to diverse perspectives. Role-playing allows students to simulate real-life situations, adopt different roles, and understand others' viewpoints. Through this, they develop not only communication skills but also social-psychological adaptability. Drawing on various international and local sources, the study analyzes the impact and effectiveness of these methods. It concludes that integrating these methods into the educational process is a scientifically proven strategy for nurturing socially active, conscious, tolerant individuals capable of teamwork.

Keywords: Group games, discussion, role-playing, socialization, integration, character development, education, upbringing, critical thinking, interactive methods, culture, integration, social skills, problem situations

Introduction

In modern education, increasing student engagement and developing their personal and social competencies are considered key objectives. In the 21st century, success in nearly all areas of human activity requires not only cognitive skills but also social adaptability, teamwork, communication, decision-making, and shared responsibility. Therefore, the use of interactive methods—especially group work, discussions, and role-playing—to develop students' social skills is viewed as a pressing issue in the education system.

Introducing group work into education enhances students' abilities to exchange ideas, listen to one another, and collaboratively find solutions. As J. Dewey emphasized, "Education should not be limited to acquiring knowledge but should be a social process that prepares individuals for active participation in society." Group work strengthens social interaction among students, allowing each participant to express their thoughts freely and learn to respect others' viewpoints.

Discussions foster critical thinking, reasoning, and the ability to analyze and justify opposing opinions. Psychologist L.S. Vygotsky stated, "Human cognitive development occurs through social interaction, and it is through communication that individuals form their knowledge" (Vygotsky, 1978). During discussions, students encounter diverse opinions, which encourages independent thinking, tolerance, and responsible decision-making.

Role-playing enables the modeling of real-life situations in the educational process. By performing specific roles, students learn to think from others' perspectives and develop empathy. This method strengthens students' communication skills, emotional regulation, and active participation in solving group problems. Pedagogical scholar E. Berne described role-playing as an effective tool for preparing individuals for social life, stating: "Through role-playing, a child imagines themselves in someone else's position, which leads to a deeper understanding of interpersonal relationships."

Current educational reforms also promote the implementation of interactive methods. In the Presidential Decree of the Republic of Uzbekistan dated February 28, 2023, No. PQ-81, titled "On Measures to Improve the Quality of Education and Introduce Modern Pedagogical Technologies," the necessity of widely applying innovative and interactive methods in the educational process is emphasized. According to this document, the main goal is not only to impart knowledge but also to prepare students for social activity, adaptability, collaboration, and leadership.

LITERATURE REVIEW

In the modern educational process, developing students' social skills, adapting them to social life, and enhancing their ability to work collaboratively are of critical importance. In this regard, group work, discussions, and role-playing are recognized as effective teaching methods. These methods not only facilitate knowledge acquisition but also help develop students' personal, social, and communicative competencies.

Many scholars in the field of pedagogy have expressed their views on this topic. For example, Russian scholar L.S. Vygotsky emphasized the role of the social environment in education, stating that "human thinking is formed through social interactions." According to him, children acquire knowledge through language during communication, and group activities intensify this process. From this perspective, group work and communication-based methods are essential tools for a child's intellectual and social development.

Another prominent educator, John Dewey, advocated for engaging students in practical activities and teaching based on their experiences. In his work "Experience and Education," he wrote: "Students gain knowledge more effectively by performing real-life roles." Role-playing is based on this approach and helps students internalize social roles, understand others' perspectives, and develop empathy.

Group work also plays a key role in shaping communicative competence. In the 21st century, it is essential for students to communicate freely in social environments, express their thoughts clearly, listen to others, and consider different viewpoints. A. Bandura, in his social learning theory, emphasized that individuals develop largely through interaction with others. He argued that learning occurs through observation, communication, and imitation.

The Presidential Decree of the Republic of Uzbekistan dated April 29, 2019, No. PQ-4310, also identified the development of students' communication skills and readiness to solve social problems as a primary goal in the education system. This necessitates the integration of innovative methods into the learning process.

In group work, each student learns to express their opinion, listen to others, and actively participate in discussions. Role-playing allows children to experience various social situations, shaping their social perception and approach to real-life challenges. Teaching methodology expert G. Ball stated: "Role-playing serves as a testing ground for students to experience real-life situations." Through play-based activities, students think, feel, analyze, and strive to solve problems.

In conclusion, group work, discussions, and role-playing are not only effective for knowledge acquisition but also for shaping students socially, developing communication skills, collaboration, understanding others, and evaluative abilities. These methods prepare students for real life and help them become active participants in society.

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